

HANNAH PAISH

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Education and qualifications

2017 – present *University of York, BSc in Psychology. Achieved 2:1 in second year of study.*

2009 – 2016 *The Ecclesbourne School and Sixth Form*

A Levels: Mathematics (A), Psychology (B), Biology (B)

GCSEs: 10 B, A and A grades including Maths (A*, taken a year early), and English Language (A*, one mark off full marks)*

Employment history

2019 (July) *NCS (National Citizen Service) Lead Mentor with NCS Catch 22*

- Lead a group of 11 young people on the four-week NCS programme.
- Encouraged them to push themselves out of their comfort zones and take on new challenges.
- Facilitated the planning and running of a social action project involving renovating a garden at a family contact centre.
- Wrote a document after the programme with some constructive feedback and suggestions for improvement in order to further the potential of the programme and NCS.
- *Skills developed:* Leadership and knowledge on how to effectively communicate and work with young people and fellow leaders.

2016 – present *Part-time jobs with The Red Olive catering company (ended in 2018) and at FortyFive Vinyl Café, York*

- Catered at many different events including weddings, funerals, corporate events, and formal dinners.
- Working behind the bar at the cafe making and serving hot and cold drinks to customers and taking orders.
- *Skills developed:* ability to work under time pressure and maintain a professional manner whilst doing so.

2016 (October – December) *Temporary Sales assistant at Lush DERBY*

- Underwent intense training to learn about the different products, their function and their ingredients.
- Provided outstanding customer service to ensure customers would enjoy their experience and want to return to the store.
- Collaborated with my colleagues to reach sales targets and provided demonstrations of products to customers.
- Worked behind the tills processing sales.
- *Skills developed:* ability to work quickly, accurately and under pressure.
- Resilience was required at times, especially during long shifts and when the store was very busy closer to Christmas.

Other positions of responsibility and volunteering

2017 (February – May) *Volunteered in Ghana with VSO ICS*

- Spent 3 months living in a host home in the Upper West Region of Ghana with fellow volunteers, completely immersed in the culture.
- Education-based project, working in 2 schools. Supporting the teachers during classes, made educational posters for the walls and ran clubs during lunchtimes.
- *Skills developed:* Improved knowledge of issues in developing countries, as well as knowledge of the Sustainable Development Goals and how young people can contribute towards achieving them.
- Created the opportunity to work with people from different cultures and walks of life and increased understanding of how other's views and approaches to tasks differ depending on their culture.
- Flexibility and adaptability skills: the locals in the village spoke limited English and working conditions were extremely hot (around 35-40 degrees every day).

2017 – 19 (November – present) *Member of the committee for the musical theatre society, recently elected as Internal Vice Chair*

- Have overseen on-campus events, including co-producing the 2019 Autumn showcase.
- Redesigned the society website within three days, uploading new photos from recent shows and workshops and updating each page.
- Designed and ordered the flyers for fresher's fair using Canva. Contacted producers and directors of current shows to acquire audition information and logos, as well as writing short, engaging paragraphs to encourage people to join the society.
- *Skills developed:* Strong time management skills: producing proved to be a lot of work, so learned to effectively prioritise studying while allocating enough time to rehearsal scheduling.
- The ability to suitably delegate tasks to others.
- Being on the committee has provided experience of regular meetings.

IT Skills

- Competent with Microsoft office software including Word, PowerPoint, Excel and Publisher.
- Use SPSS while studying and have developed a good understanding of its functions and how to analyse and interpret the data output.
- Good knowledge of social media: Facebook, Instagram, Twitter.
- Extremely competent with Windows but also have working knowledge of Mac.
- Have often used other programmes such as Adobe Reader, as well as online creation software such as Canva and Wix.

Other achievements

- Currently training to be a volunteer assessor for VSO ICS.
- Achieved the York Award in the first term of second year and completed the York Leaders training programme.
- Directed the Spring term 2018 production of 'I Love You Because' with the musical theatre society at university and also directed a smaller version of Matilda for this year's summer showcase.
- Completed NCS (National Citizen Service) Summer Programme, 2014.
- Volunteered to be a STYM (Second/Third-Year Mentor) in second year, which involved mentoring a flat of new students throughout the year to help them adjust to university life.
- Am currently a buddy for 2 first-year Psychology students.
- 1st Degree Black Belt in Tae Kwondo

References available on request