**Nicholas Joseph Cowles**

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**Date of Birth:** 25.01.1999

Personal statement

A highly conscientious, hardworking and creative individual, seeking full or part time internship with full availability and flexibility. Having recently returned from my academic year abroad, during which I worked in ecological sustainability in Mexico and studied Anthropology in Canada, I am keen to start immediately and open to working any number of hours per week. Currently a third-year student reading Modern Languages at University College London (UCL).

**Key Skills**

* Fluent speaker of French and Spanish with professional translation and interpretation experience.
* Excellent communication skills, both verbal and written, developed through my studying modern languages at school and university.
* Presentation, public speaking and social skills under pressure as demonstrated by my appointment as Model United Nations ambassador and experience with bilingual distributor negotiation.
* Accomplished selling and marketing skills developed through my internship placement as a core member of a small-scale commercial business, with social media roles of responsibility in the promotion and selling of products.
* Professional experience in working for a bilingual international NGO.
* Ability to work well and provide excellent customer service under pressure in a busy and fast-paced environment, having worked in a front-line service role at London Stansted Airport.
* Research, investigative and journalistic skills as demonstrated through my assisting Talk Radio’s Latin American correspondent.
* Proven teamworking and collaborative abilities, through my working effectively and positively with retail teams at Waitrose, Joe & The Juice and with a small group of entrepreneurs.
* Self-starter, initiative and collaborative skills as demonstrated by my participation in an NYU production summer school program.

Education

University College London (UCL) (2017 - 2021)

Currently studying for a BA Modern Languages degree. First and second year completed with all First-Class results and winner of the Violet Hall Prize in French.

The Bishop’s Stortford College (2013 – 2017)

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| **11 GCSEs**  **4 AS levels**  **3 A2 levels**  **Extended Project** | All A\*s, including Mathematics, English Language and Triple Sciences (2015)  All As (2016)  All A\*s and As (2017)  A (2017) |

Academic scholarship to the Bishop’s Stortford College. Upper Sixth Prefect, School Mentor, Academic Endeavour Prize winner.

Work Experience

**Waitrose & Partners in Bishop’s Stortford** (2019-20)

Supermarket assistant role in which I provided excellent customer service during the heightened pressure of the festive season. Roles included stock replenishment and rotation, and making sure all packages and deliveries were accounted for and handed over securely.

**Ninth Wave Global in Campeche, Mexico** (2019)

Long-term intern placement in the environmental and socio-economic sustainability field, working as a core member of a Mexico-based UK environmental NGO. Key roles included translation, administration, research and investigation for Talk Radio, agricultural work and animal care.

**Live Green – Vive Verde in Campeche, Mexico** (2019)

Full-time intern at commercial brand Live Green - Vive Verde, with key roles as a core member of the small team including marketing and selling products online and directly to clients, direct liaison with distributors, social media roles of responsibility, translation, administration and graphic design.

**Joe & The Juice at London Stansted Airport, England** (2018)

Trained as a barista, juice and sandwich maker while also working at the till and providing efficient customer service to airport goers at the company’s busiest branch in the UK.

Cancer Research UK in Bishop’s Stortford, England (2017)

Volunteering work placement at one of the charity’s branches, working on the till and in the stockroom.

**Thomas Cook in Bishop’s Stortford, England** (2017)

Shadowing in face-to-face meetings with clients and assisting customers for the global travel agency company.

Hobbies & Interests

* Environmental conservation, having completed a long-term internship in sustainable development for a Mexico-based environmental NGO and being a member of my university’s sustainable energy society.
* Journalism and writing; winner of the Alan Clodd Enitharmon Poetry Prize.
* Prize-winning vocalist and songwriter, having been accepted into NYU Tisch for recorded music. Formerly the director of an A Capella choir. Elected as ambassador for the Hertfordshire Songwriters’ Committee, with roles of promoting and organising workshops and concerts.

References are available on request