



# Laura de Matos

Student

## Education

### BA International Relations and Politics, Kingston University, London

September 2016 — August 2020

First honors degree predicted

### L3 Sciences Politiques , Université Lumière (Lyon II), Lyon

September 2018 — June 2019

Year abroad (Erasmus+ program)

Additional modules: Marketing, Communications, Translation, Business and International Law.

## Employment History

### Summer Intern at TG Consulting , Lisbon

July 2020 — August 2020

Public relations, communications and marketing intern over a period of 6 weeks.

### Summer Intern at INSERM, Paris

June 2019 — July 2019

Intern in human resources and finance.

### Translator at MdM Consultancy , Lyon

September 2018 — May 2019

Translated various reports from English to French, French to English, Portuguese to English.

### Spring Intern at Maison AD , Le Mans

April 2019 — May 2019

Supported Maison AD in different areas such as marketing, communications and sales. Created and managed the social media accounts and also translated the website from French to English.

### Intern at Embassy of Portugal , Abuja

June 2016 — July 2016

Work shadow internship with the Ambassador Pedro Rodrigues da Silva.

### Pharmacy Assistant at Intak Pharmaceuticals , Abuja

July 2016 — July 2016

Summer job in a local pharmacy in Abuja; reorganized shelves and assisted clients.

## Voluntary Work

### Volunteer at Cameleon Association, Paris

July 2018 — August 2018

### Volunteer at Internally Displaced People's Camp, Abuja

August 2015 — September 2015

### Volunteer at Habitat for Humanity, Lisbon

June 2013 — July 2013

## Details

50 Estrada Povo da Raposeira,  
Trafaria, 2825-831, Portugal,  
+447493024005

[laura\\_dematos@hotmail.com](mailto:laura_dematos@hotmail.com)

Date of birth

22-12-1998

Nationality

Portuguese

## Links

[LinkedIn](#)

## Languages

English (C2)

French (C2)

Portuguese (C2)

Spanish; Castilian (B1)

## Skills

Microsoft Office Suite

Adobe Photoshop

Active Listening

Critical thinking and problem solving

Time management

Interpersonal Skills

## Hobbies

Sports, Photography, Reading,  
Traveling